



MEMORANDUM

Date: July 12, 2010
To: Dr. J. Brian Sarvis, Superintendent
From: Nancy Weiss, Director of Nutrition Services
Subject: Carbohydrate Counts

Background:

It was noted at a recent board meeting that the carbohydrate counts are not available to the District Nurses. This is not accurate and the below information has been previously furnished.

Plan/Issue:

Each menu for the day is posted on the District web site as well as posted in each of our cafeterias. In addition, all recipes are also available from the school's kitchen manager. These menus coincide with the United States Department of Agriculture Food Service Program, as mandated by the National School Lunch Program. In addition, it should be noted that for the protection of staff and students with specific nutritional needs, including our diabetic staff and student population, all recipes are followed to ensure accurate nutritional information.

Each production recipe is on line and, with it; a complete nutritional analysis of the ingredients is clearly stated. USDA Recipes for Schools, http://www.fns.usda.gov/tn/Resources/usda_recipes.html, is the website that can be easily accessed for nutritional information.