

Santa Barbara School Districts

Administrative Regulation

AR 6142.1

Instruction

FAMILY LIFE/SEX EDUCATION

Course Material/Instruction

In all sex education courses that discuss sexual intercourse, course material and instruction shall: (Education Code 51553)

1. Be age appropriate.
2. Stress that abstinence is the only contraceptive method that is 100% effective, and that all other methods of contraception carry a risk of failure in preventing unwanted teenage pregnancy. Statistics based on the latest medical information shall be provided to students citing the failure and success rate of condoms and other contraceptives in preventing pregnancy.
3. Stress that sexually transmitted diseases are serious possible hazards of sexual intercourse. Students shall be provided with statistics based on the latest medical information citing the failure and success rates of condoms in preventing AIDS and other sexually transmitted diseases.
4. Include a discussion of the possible emotional and psychological consequences of preadolescent and adolescent sexual intercourse outside of marriage and the consequences of unwanted adolescent pregnancy.
5. Stress that students should abstain from sexual intercourse until they are ready for marriage.
6. Teach honor and respect for monogamous heterosexual marriage.
7. Advise students of the laws pertaining to their financial responsibility to children born in and out of wedlock.
8. Advise students that it is unlawful pursuant to Penal Code 261.5 for males or females of any age to have sexual relations with males or females under the age of 18 to whom they are not married.

9. Emphasize that students have the power to control personal behavior. Students shall be encouraged to base their actions on reasoning, self-discipline, sense of responsibility, self-control, and ethical considerations such as respect for one's self and others.
10. Teach students how to say "no" to unwanted sexual advances. Teach students to not make unwanted physical and verbal sexual advances. Provide information about verbal, physical and visual sexual assault, including but not limited to nonconsensual sexual advances, nonconsensual physical sexual contact, and rape by an acquaintance, commonly referred to as "date rape." This course material and instruction shall contain methods of preventing sexual assault by an acquaintance, including exercising good judgment and avoiding behavior that impairs good judgment, and shall also encourage youth to resist negative peer pressure. This course material and instruction also shall inform students of the potential legal consequences of sexual assault by an acquaintance. Specifically, students shall be advised that it is unlawful to touch an intimate part of another person, as specified in subdivision (d) of Penal Code 243.4. Students also shall be taught that it is wrong to take advantage of, or to exploit, another person.

At the secondary level, the family life/sex education program shall be placed in a course that is required for all students. Teachers who provide instruction in family life/sex education shall have professional preparation, either pre-service or in-service, in the subject area.

Evaluation

The Superintendent or designee shall ensure that family life/sex education materials and instruction are continuously evaluated in light of information received from students, parents/guardians, and teachers. Such information may indicate what students learned, whether the program was workable for the teachers, and how the program could be improved.

The Governing Board shall approve the advisory committee's recommendations prior to implementation.

Parent/Guardian Notification

At the beginning of the school year, parents/guardians shall be notified in writing about any instruction in which human reproductive organs and their functions, processes, or sexually transmitted diseases are described, illustrated, or discussed. In addition, before any instruction on family life, human sexuality, AIDS or sexually transmitted diseases is given, the parent/guardian shall be provided with written notice explaining that the instruction will be given and information stating the parents/guardian's right to request a

copy of Education Code 51201.5 and 51553. This notification shall inform parents/guardians that they may request in writing that their child not attend the class. No student shall attend such instruction if the school receives this request. (Education Code 48980, 51201.5, 51550, 51555)

At the parent/guardian's request, any student may be excused from any part of family life/sex education instruction. (Education Code 51240)

The Superintendent or designee shall keep on file Education Code 51201.5, 51553, 51554, 51555. (Education Code 51201.5, 51554, 51555)

At the beginning of the school year, or at the time of a student's enrollment, the Superintendent or designee shall notify parents/guardians of any outside organization or guest speaker brought into the district to provide instruction on family life, human sexuality, AIDS or sexually transmitted diseases. This notification shall include the date of the instruction, the name of the organization or affiliation of each guest speaker and information regarding the parent/guardian's right to request a copy of Education Code 51201.5 and 51553. (Education Code 51554)

If arrangements for this instruction are made after the beginning of the school year, the parents/guardians shall be notified no fewer than 10, and no more than 15, days before the instruction is delivered. (Education Code 51554)

This notification is required whether the guest speakers are brought in by the district to lecture, distribute information, show a videotape, act out, conduct an activity involving student participation or provide audio material in either a classroom or assembly. (Education Code 51554)

Parents/guardians shall also be notified in the manner described above prior to any instruction on family life, human sexuality, AIDS or sexually transmitted diseases at an assembly conducted by a district employee. (Education Code 51554)

If notice is sent home with the students, parents/guardians shall be asked to sign and return to the school a slip indicating that they have read the notification. If slips are not returned, parental approval shall be confirmed by telephone.

During the period of time that instruction described above is being delivered, the district shall provide an alternative educational activity to those students whose parents/guardians have requested that they not receive the instruction. (Education Code 51554)

A student shall not be subject to disciplinary action, academic penalty or other sanction if the student's parent/guardian declines to permit the student to receive the instruction. (Education Code 51554)

All materials used for the above instruction shall be available for inspection by parents/guardians at reasonable times and places prior to the onset of instruction. The above notification shall inform parents/guardians of their right to inspect these materials. (Education Code 51550, 51820)

Regulation: SANTA BARBARA ELEMENTARY/HIGH SCHOOL DISTRICTS
Approved: August 12, 1992 Santa Barbara, California
Revised: March 24, 1993, September 8, 1999