

Elementary Schools: Compliant Foods and Beverages
Compliant Foods (Senate Bill 12) and Compliant Beverages (Senate Bill 965)
 Information provided by Project Lean, Leaders Encouraging Activity and Nutrition

Compliant Foods (SB 12)	
The only foods that can be sold to students are full meals, exempt foods, and dairy or whole grain foods that meet specific calorie, fat, saturated fat and sugar requirements. (Applies before school until 30 minutes after school.)	
Exempt Foods	Dairy and Whole Grain Foods
These foods can be sold and do not have to meet Senate Bill 12: <ul style="list-style-type: none"> • nuts • nut butters (such as peanut butter) • seeds (such as sesame seeds) • eggs • cheese packaged for individual sale • fruit/vegetables that have not been deep fried • legumes 	Individually sold dairy or whole grain foods can be sold if they contain: <ul style="list-style-type: none"> • not more than 175 calories • not more than 35% of total calories from fat • not more than 10% of total calories from saturated fat • not more than 35% of total weight from sugar (natural and added)

Compliant Beverages (SB 965)
(Applies before school until 30 minutes after school.)
The only beverages that can be sold to students are: <ul style="list-style-type: none"> • fruit and vegetable-based drinks that are composed of at least 50% fruit or vegetable juice and have no added sweetener • 2%, 1% or nonfat milk, soy milk, rice milk, and other similar nondairy milk • water with no added sweetener

These foods/beverages MAY or MAY NOT meet Senate Bill 12 and Senate Bill 965.	
To find out, you need to read the Nutrition Facts label*	
<ul style="list-style-type: none"> • frozen yogurt/ice cream bars • flavored milk • energy/cereal granola bars • cookies, muffins • cereal • crackers/pretzels 	*To determine if an individual dairy or whole grain snack meets SB 12 food standards, you need to read the Nutrition Facts label. For assistance with this, visit the on-line snack calculator at www.CaliforniaProjectLEAN.org . The on-line calculator allows you to input information from the Nutrition Facts label and find out in a few seconds if the food meets the standards.

These foods do NOT meet Senate Bill 12 and Senate Bill 965

<ul style="list-style-type: none"> • deep-fried vegetables (such as french fries, onion rings) • most candy and candy bars • regular corn chips, tortilla chips, potato chips, Cheetos® 	<ul style="list-style-type: none"> • regular pastries, donuts, sweet rolls, cinnamon buns • turkey/beef jerky • soda, electrolyte replacement beverages
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